Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Unit 1 Reading Guide

An Introduction to Liturgy and the Sacraments

Chapter 1: Liturgy

Article 1: What Is the liturgy?

1. The literal meaning of *leitourgia* is “the people’s work.” The Church adopted the word *liturgy* as her   
   own. . . . The liturgy is the Church’s \_\_\_\_\_\_\_\_\_\_\_\_\_ , \_\_\_\_\_\_\_\_\_\_\_\_\_ , \_\_\_\_\_\_\_\_\_\_\_\_\_ prayer.   
   It is God’s work in which the People of God participate.
2. \_\_\_\_\_\_\_\_\_\_\_\_\_ is primarily the work of God . . . in which we participate. It is the \_\_\_\_\_\_\_\_\_\_\_\_\_ , \_\_\_\_\_\_\_\_\_\_\_\_\_ , and \_\_\_\_\_\_\_\_\_\_\_\_\_ worship of the Church. The Eucharist (or Mass) is the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ of the Catholic Church and the foundation for most other liturgical celebrations.
3. All of the Church’s sacraments and liturgies have \_\_\_\_\_\_\_\_\_\_\_\_\_ as their origin, yet he did not dictate  
   all aspects of the liturgy.
4. Like the truths of faith, the \_\_\_\_\_\_\_\_\_\_\_\_\_ is guided by the \_\_\_\_\_\_\_\_\_\_\_\_\_ . This is what makes the liturgy the official worship of the Church.
5. In the liturgy, we learn about the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ by participating in them. We learn about the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ by encountering the Trinity in the liturgy.
6. \_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_ are distinct, yet closely related. \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ the Word of God. Together they form a single, sacred Deposit of Faith. The \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ , the treasure of the Church handed on from   
   the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ and contained in Scripture and Tradition, makes clear the truths that cannot be laid aside because they are part of God’s Revelation. . . . The Deposit of Faith \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ . The \_\_\_\_\_\_\_\_\_\_\_\_\_ , the living teaching office of the Church, is responsible, under the guidance of the Holy Spirit, for interpreting the Deposit of Faith.
7. \_\_\_\_\_\_\_\_\_\_\_\_\_ is the process of passing on the Gospel message. Tradition, which began with the oral communication of the Gospel by the Apostles, was written down in the Scriptures, is handed down and lived out in the life of the Church, and is interpreted by the Magisterium under the guidance of the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ .

Article 2: The Holy Trinity and the Liturgy

1. The Church’s liturgy is \_\_\_\_\_\_\_\_\_\_\_\_\_ . In the liturgy, the three Divine Persons of the Trinity—   
   the Father, the Son, and the Holy Spirit—are at work; and through the liturgy, the mystery of the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ , the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ of the Christian   
   faith, is more deeply revealed.
2. The \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ is active in the liturgy, preparing us to encounter Christ.   
   The Holy Spirit reveals Christ’s presence in the \_\_\_\_\_\_\_\_\_\_\_\_\_ , in \_\_\_\_\_\_\_\_\_\_\_\_\_ , and in the sacramental actions of \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ .
3. By \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ , the Holy Spirit makes the saving work   
   of Christ present and active, here and now, for us. When we leave the liturgy, we carry the message   
   of God’s love to all we meet, through the work of the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ .
4. In every liturgy, especially the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ , the Church encounters God—  
   the Father, Son, and Holy Spirit. Through this encounter and the outpouring of God’s grace, we are \_\_\_\_\_\_\_\_\_\_\_\_\_ , which means we are freed from sin, and we are \_\_\_\_\_\_\_\_\_\_\_\_\_ , which means   
   we are made holy and share in the divine life.
5. How, then, is Christ present in the liturgy? He is present in the \_\_\_\_\_\_\_\_\_\_\_\_\_ , who acts in the person of Christ. He is present in the \_\_\_\_\_\_\_\_\_\_\_\_\_ because we are the Body of Christ. He is present in the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ , the Scriptures. God’s \_\_\_\_\_\_\_\_\_\_\_\_\_   
   is an essential element of every liturgy and is proclaimed during the Liturgy of the Word.
6. Christ is present in many ways in the liturgy, but in a special way in the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ . We receive Christ’s Body and Blood during \_\_\_\_\_\_\_\_\_\_\_\_\_ .

Article 3: The Liturgical Year

1. The Liturgical Year begins in \_\_\_\_\_\_\_\_\_\_\_\_\_ . This season begins on the fourth Sunday before Christmas.
2. The \_\_\_\_\_\_\_\_\_\_\_\_\_ celebrates the Revelation of the Savior to the Gentiles.
3. The season’s ( \_\_\_\_\_\_\_\_\_\_\_\_\_ ) liturgical color is white or gold. During this season, the liturgical readings focus on the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ and the \_\_\_\_\_\_\_\_\_\_\_\_\_ of the Church  
   in the Acts of the Apostles.
4. \_\_\_\_\_\_\_\_\_\_\_\_\_ Time is not called ordinary because the Church considers it “nothing special.” It is called ordinary because its \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ (that is, the First Sunday in Ordinary Time, Second Sunday in Ordinary Time, and so forth).
5. In \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ , the Church reflects on the life of Jesus Christ—his mission,   
   his miracles, and his teachings. . . . The week preceding Easter begins on Palm (Passion) Sunday and   
   is called \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ *.* During this week, we remember in the most intense way possible the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ of Christ.

Article 4: Liturgical Rites and Traditions

1. It is one of the twenty-three Eastern Catholic Churches, which, after the schism of 1054, either chose to remain united with the Catholic Church or later reunited with it. These Churches \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ in \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ .   
   To this day, Eastern Catholic Churches follow their own ancient liturgical tradition.

Chapter 2: Sacraments

Article 6: Symbols and Rituals

1. A \_\_\_\_\_\_\_\_\_\_\_\_\_ is an established pattern of actions, usually including words. The words and actions have symbolic meaning, so “symbolic action” is another way to refer to a \_\_\_\_\_\_\_\_\_\_\_\_\_ .
2. Symbols and rituals are \_\_\_\_\_\_\_\_\_\_\_\_\_ , but they are \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ the same thing. The word \_\_\_\_\_\_\_\_\_\_\_\_\_ comes from a Greek word meaning “to throw together.”

Article 7: Sacraments: Sign and Mystery

1. “The \_\_\_\_\_\_\_\_\_\_\_\_\_ are \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ of grace, instituted by Christ and entrusted by the Church, by which divine life is dispensed to us” (*Catechism of the Catholic Church,* number 1131).
2. The core of every sacrament is the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ of Christ—his \_\_\_\_\_\_\_\_\_\_\_\_ , death, Resurrection, and \_\_\_\_\_\_\_\_\_\_\_\_\_ into Heaven—and his promise to be with us always.
3. You may recall that *Paschal* refers to the \_\_\_\_\_\_\_\_\_\_\_\_\_ , when the angel *passed over* the houses of the Israelites and spared their firstborn sons, and, centuries later, when Jesus, the Son of God, *passed over* from death to life, and spared us from \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ .
4. In the Gospel of John, the miracles of Jesus are called \_\_\_\_\_\_\_\_\_\_\_\_\_ not because they are commands or directions, but because they point to a \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ : that God is here among us.
5. The \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ is the work of salvation accomplished by Jesus Christ mainly through his \_\_\_\_\_\_\_\_\_\_\_\_\_ , death, \_\_\_\_\_\_\_\_\_\_\_\_\_ , and Ascension.
6. None of us is in the position to judge another person’s holiness or “righteousness” or closeness to God. The power of Christ and the Holy Spirit act in the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ of the personal holiness of the person administering the sacrament.

Article 8: Sacraments: Signs of Christ

1. The communication or dispensation of the fruits of Christ’s Paschal Mystery in the celebration of the Church’s sacramental liturgy is called the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ .
2. The sacramental economy runs on \_\_\_\_\_\_\_\_\_\_\_\_\_ . Try to remember that \_\_\_\_\_\_\_\_\_\_\_\_\_ is not   
   a thing; rather, grace is a \_\_\_\_\_\_\_\_\_\_\_\_\_ with God and a participation in his life.
3. Through the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ , we were adopted as God’s sons and daughters, and we have been living “in grace” (as long as we have steered clear of mortal sin) since that moment.
4. \_\_\_\_\_\_\_\_\_\_\_\_\_ has made us God’s children and, in Christ, has brought us into the life of \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ .
5. \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ is the free gift of God’s life first given to us at Baptism and renewed in us in all the sacraments. \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ orients us toward God.
6. [Sanctifying grace] is distinct from \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ , which are God’s interventions   
   in our lives. His initiative in the work of grace both prepares us to respond and demands that we respond, but it does not limit our freedom.
7. True \_\_\_\_\_\_\_\_\_\_\_\_\_ and true \_\_\_\_\_\_\_\_\_\_\_\_\_ come from responding to grace.

Article 9: Sacraments: Signs of Redemption

1. Generally, we can say that \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ something implies taking something from one state of being to another. . . . Meanings for the word \_\_\_\_\_\_\_\_\_\_\_\_\_ include “deliverance”   
   or “rescue.”
2. The People of God at the time of Jesus definitely needed \_\_\_\_\_\_\_\_\_\_\_\_\_ . They needed to be brought back to the truth about God and about themselves and into a \_\_\_\_\_\_\_\_\_\_\_\_\_ relationship with God, freed from the burden of \_\_\_\_\_\_\_\_\_\_\_\_\_ .

Article 10: The Praying Church

1. If prayer is an \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ , where do we learn to pray?   
   We need only look directly to God’s Revelation in \_\_\_\_\_\_\_\_\_\_\_\_\_ . The word *pray,* in its various forms,   
   is used almost \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ times!
2. Many verses can encourage our daily communication with God and give us direction for prayers of \_\_\_\_\_\_\_\_\_\_\_\_\_ , \_\_\_\_\_\_\_\_\_\_\_\_\_ , \_\_\_\_\_\_\_\_\_\_\_\_\_ , \_\_\_\_\_\_\_\_\_\_\_\_\_ , \_\_\_\_\_\_\_\_\_\_\_\_\_ ,  
   and more.
3. The \_\_\_\_\_\_\_\_\_\_\_\_\_, the public prayer of the Church, is our greatest prayer. \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ , prayer designated  
   for certain hours of the day, is part of the public prayer of the Church.
4. The Liturgy of the Hours in also known as the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ , the official, pubic, daily prayer of the Catholic Church. The \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ provides standard prayers, \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ , and reflections at \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ throughout the day.
5. The Liturgy of the Hours is the prayer of the whole \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ . . . . The \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ of the Church are also obliged to pray the Liturgy of the Hours each day.
6. Some ways we pray with others spring from particular \_\_\_\_\_\_\_\_\_\_\_\_\_ or local \_\_\_\_\_\_\_\_\_\_\_\_\_ . These expressions of faith are called \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ . \_\_\_\_\_\_\_\_\_\_\_\_\_ means religious reverence or devotion. . . . Although these popular expressions of faith are not part of the official \_\_\_\_\_\_\_\_\_\_\_\_\_ , the Church encourages them as long as they express the spirit of the Gospels and offer sound guidance in living a Christian life.
7. Through the inspiration of the Holy Spirit, various forms of prayer have arisen in the Church: \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ , \_\_\_\_\_\_\_\_\_\_\_\_\_ , \_\_\_\_\_\_\_\_\_\_\_\_\_ , \_\_\_\_\_\_\_\_\_\_\_\_\_ , and \_\_\_\_\_\_\_\_\_\_\_\_\_ . . . . In the Christian tradition, three major expressions of the life of prayer have come down to us. They are \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ , \_\_\_\_\_\_\_\_\_\_\_\_\_ , and \_\_\_\_\_\_\_\_\_\_\_\_\_ .
8. \_\_\_\_\_\_\_\_\_\_\_\_\_ are sacred signs instituted by the Church that prepare us to receive God’s grace and to cooperate with it.

(The quotation marked *Catechism of the Catholic Church* on this handoutis from the English translation of the *Catechism of the Catholic Church* for use in the United States of America, second edition. Copyright © 1994 by the United States Catholic Conference, Inc.—Libreria Editrice Vaticana [LEV]. English translation of the *Catechism of the Catholic Church: Modifications from the Editio Typica* copyright © 1997 by the United States Catholic Conference, Inc.—LEV.)